

Prayers

These can be formal or improvised and end with:

The Lord's Prayer

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who
trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever.
Amen.

Closing Prayer

You are called and loved by
God the Father and kept safe
by Jesus Christ.
Mercy, peace and love be yours
in abundance,
from God the Father, Son and
Holy Spirit.
Amen.

Just a Thought:

The future rewards those who
press on. I don't have time to
feel sorry for myself.
I don't have time to complain.
I'm going to press on.

Barack Obama

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Hymn

This can be sung or said as a poem before or after the
closing prayer

1 Praise, my soul, the King of heaven;
to his feet thy tribute bring.
Ransomed, healed, restored, forgiven,
who like me his praise shall sing?
Praise him! Praise him!
Praise him! Praise him!
Praise the everlasting King!

2 Praise him for his grace and favour
to thy people in distress.
Praise him, still the same as ever,
slow to chide, and swift to bless.
Praise him! Praise him!
Praise him! Praise him!
Glorious in his faithfulness!

3 Fatherlike he tends and spares us;
well our feeble frame he knows.
In his hand he gently bears us,
rescues us from all our foes.
Praise him! Praise him!
Praise him! Praise him!
Widely yet his mercy flows!

4 Angels, help us to adore him;
ye behold him face to face.
Sun and moon, bow down before him,
dwellers all in time and space.
Praise him! Praise him!
Praise him! Praise him!
Praise with us the God of grace!

Henry Francis Lyte (1793-1847) alt.

Henry Francis Lyte

Lyte was educated at Portora (the
Royal School of Enniskillen), and
at Trinity College, Dublin, of which
he was a Scholar, and where he
graduated in 1814. During his
University course he distinguished himself by
gaining the English prize poem on three
occasions. At one time he had intended
studying Medicine, but abandoned this for
Theology, and took Holy Orders in 1815.
Lyte's Poems have been freely drawn upon
by hymnal compilers. The best known are
"Abide with me" and "Praise my Soul the King
of Heaven."



Wikipedia

Tenth Sunday after Trinity

Home Service Sheet

Introductory Sentence

Shout for joy to the Lord,
all the earth.
Worship the Lord with gladness;
come before him with joyful
songs.

Psalm 100.1, 2

Prayers of Penitence

We come to God as one from
whom no secrets are hidden, to
ask for his forgiveness and peace.

*We confess to God for all those things
that may have offended him and marred
the image of Christ in us.*

May the God of all healing and
forgiveness
draw us to himself
and cleanse us from all our sins,
that we may behold
the glory of his Son,
the Word made flesh,
Jesus Christ our Lord.
Amen.

Collect

Lord of heaven and earth,
as Jesus taught his disciples
to be persistent in prayer,
give us patience and courage
never to lose hope,
but always to bring our prayers
before you;
through Jesus Christ our Lord.
Amen.

8th

August

2021



A warm welcome to all
who worship with us,
wherever you are ...

Hymn

This can be sung or said as a poem before or after the
introductory sentence

1 O Love that will not let me go,
I rest my weary soul in thee.
I give thee back the life I owe,
that in thine ocean depths its flow
may richer, fuller be.

2 O Light that follows all my way,
I yield my flick'ring torch to thee.
My heart restores its borrowed ray,
that in thy sunshine's blaze its day
may brighter, fairer be.

3 O Joy that seekest me through pain,
I cannot close my heart to thee.
I trace the rainbow through the rain,
and feel the promise is not vain,
that morn shall tearless be.

4 O Cross that liftest up my head,
I dare not ask to fly from thee.
I lay in dust, life's glory dead,
and from the ground there blossoms red,
life that shall endless be.

George Matheson (1842-1906)

George Matheson

At the age of 20, Rev Dr George
Matheson became blind but still
able to write articles and books. He
had only ten published hymns in
his lifetime. "O love that whilst not
let me go" being the best known. In his own
words, "I am quite sure that the whole work
was completed in five minutes, and equally
sure that it never received at my hands any
retouching or correction."



Wikipedia

The Word of God

The Old Testament 1 Kings 19.4-8

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Synopsis on: 1 Kings 19.4-8

This is one of the simple stories from the life of Elijah, illustrating how reliant he was on God's guidance. This story climaxes in God's special presence, on Mount Horeb, which is a kind of equivalent to Sinai of old, where Moses received the Ten Commandments.



The Gospel John 6.35, 41-51

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Synopsis on: John 6.35, 41-51

The emphasis here falls on the solid permanence of God's gift of himself to us in Christ. This is no temporary emergency aid like the manna, but something that is 'for ever'. It belongs, that is, to a whole different dimension of things, which we refer to as 'eternity'.



Homily

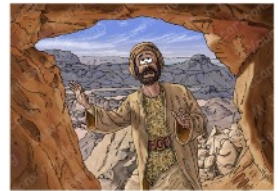
"It is enough; now, O Lord."



Sometimes in life we feel that everything seems to get on top of us. It may be that we are working far too hard and we don't get done in a day all the tasks that were going to get done, so we take them home. That gets in the way of family and the personal life between a couple, and that can lead to disagreements, even arguments. Tempers boil over and the couple are left within a blame-game atmosphere. Also, another example is the situation where money is becoming really tight, even desperate. More money is being spent than being earned. Loans and credit cards that are 'brimming-over' only add to the problem, so do the three cars on the drive and the ultra expensive and exclusive holidays, sometimes taken twice a year to try to 'recharge the batteries' and de-stress lives; but the money spent can actually cause extreme distress and so things are right back to where they were before.

These two examples show how lives can change dramatically from very happy and content to extremely unhappy and utter desperation. This kind of desperation can lead to mental health problems, even the taking of one's life.

The Old Testament reading today tells us of the plight of Elijah. He was fleeing from Jezebel's wrath after he opposed and defeated the prophets of Baal. She wanted him killed. He took off and headed out into the desert where he found an empty cave to hide away in. He had been through so much that he had reached the end of his tether. He cried out to God to end his life - this was his desperate plea as he didn't want to go through any more strife and bitter conflict.



The pure anguish, pain, unhappiness and desolation that Elijah felt, and the similar feelings of the modern day sufferers can be linked in one way, but perhaps not in another. Elijah was almost certainly the greatest of the Old Testament prophets. He served God faithfully and willingly and didn't shy away from confrontation with those who challenged the might of the Almighty. Although Elijah was in a desperate state he was still in communication with God. Some people, modern day sufferers, only have human assistance - and not always that - when in desperation. They don't always have that all important heavenly communication that they desperately need. They are unable to cry out to God for help.

God is always there for us, but it is when we are at an absolute low where those who deny God's existence can finally find him. It is almost as though when we are at our lowest and we really need help, God steps in. We are made to see what he can do for us, rather than what we can't. We must allow God to give us food and restore us. Elijah was given food and able to continue doing God's work. In the Eucharist we are given food that is unlike any other that we will ever consume. We are fed in our most desperate moments, but through the Eucharist we stay connected with God. And at the end of our earthly life we will see him face to face in paradise.